

Wellness News to Watch

Georgia PTA Health & Wellness Committee
November 20, 2008



In this email: (feel free to distribute!)

- Action for Healthy Kids free Webcast December 8 with Dr. David Satcher - 16th U. S. Surgeon General
- Clayton County sets great example!
- GA PTA Health & Wellness Round Table Discussion Recap
- Tobacco Funding – Georgia next to last in nation on spending for prevention & quitting efforts
- Congrats to East Valley and Midway Elementary Schools

Don't miss this opportunity to participate in:

Action for Healthy Kids free Webcast – December 8 at 3:00

Call to Leadership: Elevating School Wellness to a Higher Level

Join our distinguished panel of national leaders in discussing...

- The urgency to create healthier schools in America
- Engaging school and community leaders as allies
- Overcoming systemic barriers in school nutrition and physical activity
- Examples of breakthrough leadership at the building level

For more information and to register, visit http://www.actionforhealthykids.org/webcast_landing.php.

CLAYTON COUNTY: Schools say no to junk food

By Megan Matteucci, The Atlanta Journal-Constitution (Monday, November 03, 2008)

Sports teams and band boosters will no longer sell Chik-fil-A sandwiches or pizza during school hours in Clayton County schools.

Nor cookies or sodas. Locks have been placed on all vending machines during the hours classes are in session. And candy fund-raisers between classes are definitely out of the question.

Teachers even were told not to hand out candy for Halloween during classes. (For the rest of the story, visit <http://www.ajc.com/search/content/metro/stories/2008/11/03/claycandy.html>)

Georgia PTA Health & Wellness Round Table was held October 30. We had a great turn out – thank you for your participation. Many who were unable to attend have asked about what they missed. To read a recap of this event, visit http://www.georgiapta.org/documents/Wellness_Watch_Round_Table_Recap.pdf!

The AJC Reports that Georgia is next to last in nation for spending money from tobacco settlement on smoking prevention and quitting efforts. This is also the money that has previously been contributed to the funding for the school nurses program in Georgia. See full article at: http://www.ajc.com/search/content/metro/stories/2008/11/18/georgia_smoking_spending.html.

Congratulations to East Valley Elementary in Marietta and Midway Elementary in Alpharetta for winning organic garden starter kits from Annie's Homegrown Products! For more information, visit <http://www.annies.com/gardenkitoffer>.