

Wellness News to Watch

Georgia PTA Health & Wellness Committee
February 11, 2010



In this email – please distribute:

- New *Let's Move* federal campaign to end Childhood Obesity
- Encourage Senator Chambliss to get Junk Food Out of Schools
- Upcoming We Can! Training – Feb. 24-25
- PTA Day at the Capitol – Feb. 23

Michelle Obama kicks off national Let's Move initiative to combat Childhood Obesity

<http://www.whitehouse.gov/blog/2010/02/09/making-moves-a-healthier-generation>

<http://www.letsmove.gov/>

A Federal Effort to Push Junk Food Out of Schools – New York Times Article

<http://www.nytimes.com/2010/02/08/health/nutrition/08junk.html?hpw>

Take a look at the above article and then forward a letter to Senator Saxby Chambliss urging him to co-sponsor S. 934. Please distribute the letter to all members (members at local units as well as leaders – friends and neighbors too!) Letters should be mailed to Senator Chambliss (either individually or collect and send as large group) to one of his regional offices. The security clearance for Washington, DC mail slows things down quite a bit. Click here for regional offices mailing addresses <http://chambliss.senate.gov/public/index.cfm?p=RegionalOffices>. Go to the following link to download the letter: http://www.georgiapta.org/documents/Health_Child_Nutrition_Act_Letter.pdf.

Registration information for upcoming February 24-25 We Can Training

www.wecantrainings.org

PTA Day at the Capitol - February 23, 2010

PTA Day at the Capitol provides PTA leaders, members and supporters an opportunity to become more familiar with the legislative process and to actively speak with legislators about education and children's issues. Develop and put your advocacy skills to work under the Gold Dome and over lunch with your state legislators. Bring a van full of PTA members – all wearing red – and let your voice for children be seen and heard.