

## PROMOTING HEALTHY HABITS GRANT GUIDELINES



In an ongoing effort to combat childhood obesity, Georgia PTA, with the support of the Georgia Department of Education School Nutrition, has created a funding opportunity to encourage local units and councils to implement programs focusing on the promotion of healthy eating habits and increasing physical activity.

This grant encourages the inclusion of any or all of the National Standards for Parent Involvement, also known as Building Successful Partnerships (BSP) standards.

The fund provides grants to PTAs to implement projects that are designed to improve nutritional and physical environments at home and school for children. Projects should be designed to provide opportunities for learning, organizing, action, celebration and assessment in any amount up to \$1,500.

### ELIGIBILITY AND CONDITIONS

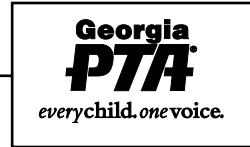
#### Applicants must:

- Be a PTA in good standing\* with Georgia PTA. (\*Dues paid, up-to-date bylaws and audit on file) If you have any questions about your status, contact the state office.
- Form a Healthy Habits Team to oversee the planning and implementation of grant activities. The team must include three to six people - two of whom must be a local school representative and the school nutrition manager or director, plus at least one PTA representative. Other suggested team members are the principal or school administration designee, school nurse, physical education teacher, counselor and media specialist.
- Include two articles related to nutrition in any PTA print media (Flyer, website, PTA newsletter, brochure, etc.) that is distributed to parents.
- Plan and implement a project /program targeting nutrition and/or physical activity. Ideas include (Health Fair, Walk-a-Thon, PTA meeting, Lunch and Learn, Family Event, etc.). Be creative. Please Note: The Department Of Education School Nutrition will provide resources, valued at \$100.00, at no charge to assist grant recipients in achieving their program goals.
- This fund is NOT intended to support on-going programs, nor be used to pay adult stipends or salaries.
- Each project must be completed by the end of the current school year.
- Grant recipients must provide a written report of accomplishments by the last business day in April.
- Grant recipients must submit a program budget, along with the application. Without a submitted budget your application will automatically be disqualified.
- Grant recipients must complete and return an Evaluation Form, along with receipts (copies) for expenditures by the last business day in April to the state PTA office. If a grant recipient fails to comply with these requirements, they will forfeit the grant funding and they will not be eligible for funding in the next grant cycle.

#### Application Process

- Interested PTAs should submit a complete application by September 15, 2008, including program budget to:  
Georgia PTA/Promoting Healthy Habits Grant  
114 Baker Street, NE  
Atlanta, GA 30308-3366
- Grant Recipients will be notified after September 30.
- Incomplete and late applications and applications that do not follow the guidelines will be disqualified.

# PROMOTING HEALTHY HABITS GRANT APPLICATION



**APPLICATION DEADLINE: POSTMARKED BY SEPTEMBER 15, 2008.**  
**Mail to Georgia PTA, 114 Baker Street, NE, Atlanta, GA 30308-3366.**

PTA Name \_\_\_\_\_

LU# \_\_\_\_\_ Council \_\_\_\_\_ District \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Georgia Zip \_\_\_\_\_

Contact Person \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_ Project Name \_\_\_\_\_

Please answer the following questions on no more than three (3) pages, 12-point Times New Roman font, double-spaced.

- Describe how your project will promote healthy eating and physical activity within your school or community.
- Priority rating will be given to grants utilizing the National Standards for Parent/Family Involvement as a method of addressing any of these areas.
- Provide a list of the members (with position and contact information) of your team.
- List the goals the team has set forth.
- Describe who is involved in the planning and your plans for implementation.
- Specify the grant amount requested and include a proposed budget (required with your application) showing all sources and uses of program funding. Appropriate expense (or use) categories include: printing/copies, venue/space, postage, supplies/materials, and performance/program expenses. Salaries and stipends will not be funded. Discuss how much money you are requesting and how it will be spent (**Please be specific**).
- What outcome do you hope to achieve with this project? Describe how will you measure your results and evaluate your program.
- Are there additional community partners collaborating on this project? If so, what are their roles?

**The PTA President and Principal must sign and date this application.**

PTA President's Signature \_\_\_\_\_ Date \_\_\_\_\_

Principal's Signature \_\_\_\_\_ Date \_\_\_\_\_