

## Health & Wellness Topics at CLT

### Friday, 1:45 p.m.

Workshop 210 – **School Fundraising Can Be Healthy & Profitable** – presenter Ameena Batada from Washington, D.C. based Center for Science in the Public Interest (CSPI)

Workshop 214 – **Improving Academic Achievement through Physical Activity & Proper Nutrition** – presenter Dr. Richard (Bud) Reiselt, GA Department of Education, Director Health & Physical Activity

### Friday, 3:15 p.m.

Workshop 302 – **Health & Wellness Committee How – To’s** – How to start and/ or effectively manage committees at council and local unit levels. Presenters – Kim Arasin, GA PTA H & W Chair; Nathaniel Paxton, Marcia Coward & Deirdre Pierce, DeKalb Council PTA; Sydney Shipps, Warren T Jackson Elementary PTA; Susan Wood, Muscogee County Council PTA.

Workshop 314 – **Solutions to Childhood Obesity in Minority Populations** (offered in collaboration with GA PTA Diversity & Inclusion Committee) Presenters - Dr. Miriam Vos, Emory University; Vanetta Keyes, C.H.O.I.C.E.S. and Emily Jones, UGA Doctorial Candidate.

### Saturday, 9:00 a.m.

Workshop 415 – **Farm to School: Building Healthy Kids, Farms and Communities**  
Presenters – Erin Croom, Georgia Organics; Natalie Rogers, GA PTA Wellness Specialist.

### Saturday, 10:30 a.m.

Workshop 514 – **Creating a Waste-Free Lunch** – Presenters Natalie Rogers, GA PTA Wellness Specialist and Eve Neumeister, GA PTA Environmental Education Chair.  
(Workshop offered in collaboration with GA PTA Environmental Education Committee.)

### Saturday, 3:15 p.m.

Workshop 611 – **Making the Case for School Health Improvement – PTA’s role.**  
Presented by Christi Kay, HealthMPowers and Natalie Rogers, GA PTA Wellness Specialist.